

Inspired Minds

ADVISORY BOARD MEMBER JD

Inspired Minds

Who We Are

Inspired Minds is a faith based, voluntary mental health charity located in London that launched in 2014 with the aim to raise awareness, combat stigmas and provide professional, non-judgemental, confidential support to those with mental health illnesses. Although Inspired Minds works predominantly with those from an Islamic faith, we do not disregard any persons of differing backgrounds. Our initial research showed many Muslims found it difficult to seek help as they felt they would not be understood by someone who did not understand their faith or culture, thus they chose to remain quiet and not seek help. We are here to change this and cater for this need.

Our Vision

We are passionate to build a society where people experiencing mental health challenges can receive understanding, recognition and are empowered to live a fulfilling life.

Our Mission

We are a grassroots charity which aims to reduce stigma, raise awareness and provide advice, support and encouragement to those, in particular Muslims, affected by mental health problems from a faith and culturally sensitive perspective.

Our Values

Our core values form the foundation, beliefs and principles that lie at the heart of our organisation.

Islamic

We are inspired, anchored and guided by our faith, which illuminates why we do what we do.

Compassionate

We attend to the needs of every person with sensitivity, empathy and kindness.

Ambitious

We are determined to go the extra mile and make a lasting difference.

Respect

We treat one another with dignity, honesty and understanding; valuing differences and all contributions.

Excellence

We continuously learn, improve and strive to be the best in everything we do.

Advisory Board Member JD

Job Title: Advisory Board Member

Duration: Permanent with yearly review

Position: Voluntary

Purpose: The Advisory Board member will provide strategic advice, guidance, support and recommendations to the management of Inspired Minds.

Responsibilities

- Provide advice on determining the charity's mission, goals, policies and programme of activities.
- Provide advice on ensuring the effective and efficient administration of the charity.
- Contribute to the establishment of the charity's strategic direction and the monitoring of any strategic plans.
- Minimise the risk associated with new ventures by providing insight and expertise.
- Provide unbiased insights and ideas from a third point-of-view and support the exploration of new ideas.
- Encourage the development of a governance framework that enable sustainable growth for the charity.
- Provide a stronger link with the local community and identified target groups.
- Help develop an understanding of trends within society and open doors or identify opportunities for the charity.
- Serve as a mentor or coach to current management team members.
- Increase the accountability of the reporting managers.
- Respect the confidential nature of all information relating to the business of the charity in accordance with data protection policies.

Requirements

- Attend a Board Meeting to evaluate the charity's performance every 6 months in London.
- Extensive knowledge, experience and expertise within their speciality and preferably within the Muslim Mental Health field.
- Passionate to improve the Mental Health and Wellbeing of society and in particular of the Muslim community within the UK.
- Good, independent judgement, strategic vision and the ability to think creatively.
- Act with selflessness, integrity, objectivity, accountability, openness, honesty, leadership; in adherence to our core values and in the best interest of the charity.
- Ability to work effectively as a member of a team.
- Disclose any possible conflicts of interest.