

Inspired Minds

ISLAMIC ADVISOR JD

Inspired Minds

Who We Are

Inspired Minds is a faith based, voluntary mental health charity located in London that launched in 2014 with the aim to raise awareness, combat stigmas and provide professional, non-judgemental, confidential support to those with mental health illnesses. Although Inspired Minds works predominantly with those from an Islamic faith, we do not disregard any persons of differing backgrounds. Our initial research showed many Muslims found it difficult to seek help as they felt they would not be understood by someone who did not understand their faith or culture, thus they chose to remain quiet and not seek help. We are here to change this and cater for this need.

Our Vision

We are passionate to build a society where people experiencing mental health challenges can receive understanding, recognition and are empowered to live a fulfilling life.

Our Mission

We are a grassroots charity which aims to reduce stigma, raise awareness and provide advice, support and encouragement to those, in particular Muslims, affected by mental health problems from a faith and culturally sensitive perspective.

Our Values

Our core values form the foundation, beliefs and principles that lie at the heart of our organisation.

Islamic

We are inspired, anchored and guided by our faith, which illuminates why we do what we do.

Compassionate

We attend to the needs of every person with sensitivity, empathy and kindness.

Ambitious

We are determined to go the extra mile and make a lasting difference.

Respect

We treat one another with dignity, honesty and understanding; valuing differences and all contributions.

Excellence

We continuously learn, improve and strive to be the best in everything we do.

Islamic Advisor JD

Job Title: Islamic Advisor

Duration: Permanent with yearly review

Position: Voluntary

Purpose: The Islamic Advisor will provide guidance, support, Islamic advice and a specialist insight into Islam and Mental Health.

Responsibilities

- Confirm and provide authentic and traditional references that we may use as a charity in line with our mission and values.
- Prepared to assist in supporting the organisation for Islamic advice such as with clients we support; outreach events and workshops; communication articles and social media etc.
- Ensure material we produce is according to the Qur'an and Sunnah in regards to Mental Health.
- Identify opportunities where Islamic concepts, and resources could be used to better our message.
- Ensure our identity is Islamic, and how best to improve or refine including highlighting our remit as an organisation.
- Provide a stronger link with the local community and identified target groups.
- Serve as a mentor or coach to team members.
- Respect the confidential nature of all information relating to the business of the charity in accordance with data protection policies.

Requirements

- Extensive knowledge, experience and expertise within their speciality and preferably within the Muslim Mental Health field.
- Passionate to improve the Mental Health and Wellbeing of society and in particular of the Muslim community within the UK.
- Act with selflessness, integrity, objectivity, accountability, openness, honesty, leadership; in adherence to our core values and in the best interest of the charity.
- Ability to work effectively as a member of a team.