



inspired
minds

JOB DESCRIPTION

ADVISORY BOARD MEMBER

Inspired Minds

Who We Are

Inspired Minds is a grassroots charity that was founded in 2014 to bridge the gap in the understanding of mental health within and between our communities. To achieve our mission and vision, our approach is 2-pronged. We provide critical support and counselling services for both Muslim and non-Muslim clientele alike; recognising cultural, spiritual and Islamic needs. We also actively raise awareness on a variety of issues experienced within our communities, which is informed by the field-based research that we conduct to further our understanding.

Our Vision

We are passionate to build a society where people experiencing mental health challenges can receive understanding, recognition and are empowered to live a fulfilling life.

Our Mission

We are an Islamic grassroots charity that raises awareness and provides support from a faith-based and culturally-sensitive perspective, to those affected by mental health challenges.

Our Values

Our core values form the foundation, beliefs and principles that lie at the heart of our organisation.

Islamic

We are inspired, anchored and guided by our faith, which illuminates what we do.

Compassionate

We attend to the needs of every person with sensitivity, empathy and kindness.

Ambitious

We are determined to go the extra mile and make a lasting difference.

Respect

We treat one another with dignity, honesty and understanding; valuing differences and all contributions.

Excellence

We continuously learn, improve and strive to be the best in everything we do.

Advisory Board Member JD

- **Job Title:** Advisory Board Member
- **Duration:** Permanent with a yearly review
- **Position:** Voluntary
- **Purpose:** The Advisory Board member will provide strategic advice, guidance, support and recommendations to the management of Inspired Minds.
- **Availability:** Advisory Board members are expected to attend the Advisory Board Meeting held on the morning of the first Sunday of every quarter (January, April, July, and October). They are currently online but we aim to have some of these meetings in person every year. Members may also be asked for assistance in between meetings.

Role Responsibilities

- Provide advice on determining the charity's mission, goals, policies and programme of activities.
- Provide advice on ensuring the effective and efficient administration of the charity.
- Contribute to the establishment of the charity's strategic direction and the monitoring of any strategic plans.
- Minimise the risk associated with new ventures by providing insight and expertise.
- Provide unbiased insights and ideas from an external point of view and support the exploration of new ideas.
- Encourage the development of a governance framework that enable sustainable growth for the charity.
- Provide a stronger link with the local community and identified target groups.
- Help develop an understanding of trends within society and open doors or identify opportunities for the charity.
- Serve as a mentor or coach to current management team members.
- Increase the accountability of the reporting managers.
- Respect the confidential nature of all information relating to the business of the charity in accordance with data protection policies.

Essential Requirements

- Extensive knowledge, experience and expertise within their speciality and preferably within the Muslim Mental Health field.
- Passionate to improve the Mental Health and Wellbeing of society and in particular of the Muslim community within the UK.
- Good, independent judgement, strategic vision and the ability to think creatively.
- Act with selflessness, integrity, objectivity, accountability, openness, honesty, leadership; in adherence to our core values and in the best interest of the charity.
- Attend a Board Meeting to evaluate the charity's performance every 3 months.
- Ability to work effectively as a member of a team.
- Disclose any possible conflicts of interest.
- A broad network with the ability to source additional advice, expertise and make introductions.
- A collaborative and constructive approach, with a commitment to the mission and objectives of Inspired Minds.

Desirable Requirements

- Experience working within a charity or non-profit.
- Experience working within the Mental Health field.
- Experience serving as a board member.

Benefits

- Be at the forefront of Muslim Mental Health in the UK helping to shape the future direction of one of the UK's largest Muslim Mental Health charities.
- An immensely rewarding role, providing many opportunities for personal growth and development.
- Develop your leadership and strategic skills.
- Establish and grow your network.
- Learn all about how a Mental Health charity operates.
- Invited to exclusive Inspired Minds events, internal training and skills development.
- Be the first to hear about our upcoming opportunities and projects.